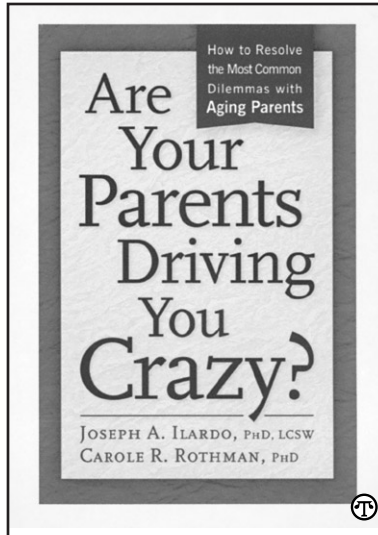


NEWS

OF BOOKS

Got Aging Parents?

(NAPSA)—Adult children often have strong reactions to their parents' aging and may find certain (often unreasonable) behaviors very difficult to deal with.



A new book offers help for people with aging parents.

Fortunately, a new book offers some practical help for adult children coping with competent but unyielding elderly parents. *Are Your Parents Driving You Crazy?* (VanderWyk & Burnham, \$14.95) by Joseph A. Ilardo, Ph.D., a clinical social worker, and Carole R. Rothman, Ph.D., a clinical psychologist, offers solutions to 25 common dilemmas and presents a problem-solving approach that can be applied to any other aging parent situation.

Some examples of these types of situations include:

- My father can no longer drive safely, but he refuses to stop.
- My mother is not poor, but she skimps to save money.
- My 82-year-old father wants to marry a woman he just met.
- My mother is doing fine, but she won't listen to her doctor's advice.
- My mother can't manage her checking account any longer, but she refuses my help.

The book can be found in bookstores, by calling 1-800-789-7916 or visiting www.VandB.com.