

OF BOOKS

Everlasting Passion

(NAPSA)—When getting fit is a priority, most people set aside some time for working out.

When revitalizing your relationship is the goal, says Laura Corn, author of *The Great American Sex Diet* (William Morrow,



The power of passion is detailed in a new book by author Laura Corn.

\$34.95), your priority should be passion and spending lots of time together. What exactly is on Corn's his and hers menus?

"It's actually a 28-day diet of physical intimacy that includes anticipation, mystery, variety, romance, communication and excitement," said Corn, the author of several bestselling books that include 101 Nights of Grrreat Sex.

Having a close and passionate relationship, says Corn, can help couples release tension, boost self esteem and renew intimacy and mutual respect.

Corn tried her diet on 38 couples, whose stories are told in this book. Some were happy but wanted to spice things up. Others were stressed out and a few were on the verge of breaking up. They wanted to make things better and they did.

According to the book, the couples felt better, listened more, treated each other with tenderness and respect. In short they fell in love again.

For more information, visit www.greatamericansexdiet.com.