

# Pointers For Parents

## New “Personality” Quiz Helps Parents And Kids Achieve Potty Training Success

(NAPSA)—If there’s one thing parents can agree on, it’s that every child is different. That’s why with all the major childhood milestones, especially potty training, parents have more positive results when they tailor their approach to their toddler’s unique learning style.

Fortunately, there’s a simple new way for parents to choose the products and motivational rewards to help a toddler reach potty training success. The *Potty Training Personality Profile* is a quick quiz that helps moms choose rewards and training pants based on a child’s individual learning style. Parents can visit [www.pull-ups.com](http://www.pull-ups.com) to complete the quiz, which was developed by the Potty Training Partners (PTP), a dedicated panel of child psychologists, pediatricians and parenting experts that offers advice and tips on potty training. “Children who acquire new skills quickly and learn easily from their own slip-ups will have a different training style than children who learn more gradually or by repetition,” said Jan Faull, M.Ed., author of “Mommy, I Have to Go Potty!” and PTP panel member.

The quiz helps moms by determining whether a toddler learns best through seeing or feeling, and then provides choices in motivational rewards and training pants to help make potty training easier.

Not sure if a child is ready to begin training? Faull suggests parents look for at least two of the following signs of readiness:

- Your child stays dry for two hours or during a nap. This shows he is beginning to have some control over bladder function, which is necessary for training.
- Your child takes an interest in the bathroom and in bathroom



activities. If your child is intrigued by flushing the toilet, running her hands under the faucet water or even just observing while others use the bathroom, she’ll soon be ready to imitate those actions.

- Your child can tell when he’s wet and asks to have his diaper changed or can indicate he has to go using gestures or facial expressions. These signs say that your child is beginning to recognize the sensations that will eventually prompt him to use the potty.

Just as every child has a unique learning style, each will start showing these signs of readiness on their own timetable as well. Parents need to remain patient, and gather as much information as possible to develop a customized path to their child’s success.

To take the *Potty Training Personality Profile* or to download games, certificates and progress charts, visit [www.pull-ups.com](http://www.pull-ups.com). Parents can also find tips from the PTPs and a motivational potty song for their tots on the toll-free PULL-UPS® Potty Training Toll-free line at 1-877-4-BIG-KID.