

# ENERGY SAVING IDEAS

## Monitors Offer Potential Energy, Space And Health Benefits

(NAPSA)—Energy-efficient appliances have recently received a lot of attention, particularly in the wake of ongoing energy crises that are plaguing the country. But when most people think of appliances, washing machines, refrigerators and dishwashers come to mind, not computers.

While most Americans aren't going to adopt energy-free lifestyles, many are adopting new technologies that bring significant savings. Making the switch to a liquid crystal display (LCD) monitor in your home office is just one way to help conserve.

LCDs are more energy-efficient than the more widely-used cathode ray tube (CRT) monitors because they require less power, consuming up to 70 percent less energy while emitting much less heat. LCDs also give off almost no level of potentially harmful electromagnetic radiation.

While you're saving energy, you'll also save space with LCDs. Most products feature flat panel designs that are lighter and take up to 75 percent less space on a desktop. Those who take advantage of options such as removable bases and wall mounting can realize even greater space savings.

And, if you're one of the millions who suffer headaches and vision problems when working at a computer, LCD monitors can help by providing a sharper image and flicker-free screen.

The National Safety Council estimates that by 2007, the U.S.



**New liquid crystal display (LCD) monitors use less energy and take up less space.**

will have 500 million defunct computers and monitors. Conscientious consumers concerned about waste can be comforted that some manufacturers—including leading display manufacturer ViewSonic Corp.—are helping consumers keep old monitors from winding up in landfills.

ViewSonic, through its BSI registered Environmental Management System, recycles old monitors through its “Trade-In, Trade-Up” program. The company is making it easier for consumers to switch from CRTs to LCDs by providing a recycling service that also offers reimbursement toward new ViewSonic LCD monitors.

With their “Trade-In, Trade-Up” program, consumers can not only recycle their old monitors, but get money back towards the purchase of new LCDs.