

Healthy Hints



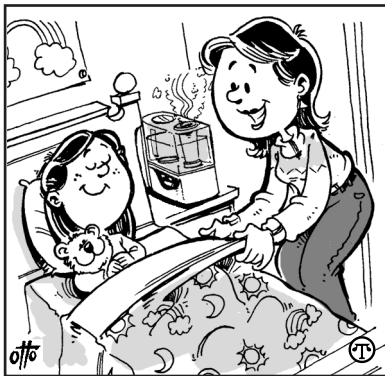
The Healing Power Of The Humidifier

(NAPSA)—Due to the shortage of flu vaccine, many families are looking into backup plans to help protect themselves against this season's outbreak. For some, this means alternative medications and treatments. For others, "plan B" involves an age-old remedy: the humidifier.

Doctors say that humidifiers are good for your health. They help relieve symptoms of coughs, colds and flu. During the winter, they help soothe dry eyes, nose, throats and itchy skin. They also assist in keeping the respiratory system moist and running smoothly—which can actually prevent illness.

Despite these benefits, many Americans are still unwilling to run a humidifier because of the cleaning and maintenance. This winter, though, there is good news.

A new drop-in cartridge makes the upkeep of humidifiers easier by keeping the unit cleaner, longer. The Protec™ Cleaning Cartridge, by Kaz, uses safe, natural minerals to provide continuous cleaning and protection against odor-causing bacteria, mold, fungi and algae. Simply drop the cartridge into the humidifier tank while filling it with water. It takes effect immediately, cleaning both the water in the tank and the mist that is emitted into the air. For up to 30



A new kind of cartridge keeps humidifiers cleaner.

days, the cartridge prevents the buildup of slime throughout the humidifier and extends the life of the filter. The cartridge works with virtually all types of humidifiers and is nontoxic and chemical free.

Proven Effective

A recent university study reported that humidifiers with Protec showed 98 percent less bacteria compared to units that didn't have the cartridge. The study tested not just the water in the humidifier but the mist in the air as well. The end result: a healthier breathing environment for your family.

For information about the new technology, call 1-800-477-0451 or visit the Web at www.kaz.com.