Cooking Contest

Watching Waistlines & Wallets Recipe Contest ®

(NAPSA)—Calling all calorieand cost-conscious cooks: If you have a flair for preparing healthful fare, now is your time to shine. The Idaho Potato Commission (IPC) is rewarding resourceful chefs for innovative Idaho potato recipes that bank on flavor and still save cents in its new "Watching Waistlines & Wallets Recipe Contest."

The IPC will award more than \$7,500 in cash and prizes to the top entries featuring Idaho* potatoes as the main ingredient in a healthful, affordable and easy-toprepare recipe. Seven recipes will be chosen with one grand-prize winner receiving \$5,000, one runner-up receiving \$1,500 and five honorable mentions receiving a Denise Austin prize pack, including an autographed copy of her new book "Denise's Daily Dozen," a collection of her workout DVDs and \$100 in cash.

Visit www.idahopotato.com for more details and to submit your original waistline- and walletfriendly Idaho[®] potato recipe during the January 25-March 31, 2010 contest period.