

Cooking Contest Corner

A Contest In Which Slow Cooking Finishes First

(NAPSA)—Slow cooking may be just what's needed in lives that are too busy and contain way too much fast food.

Convenient homemade dishes do more than put the enjoyment back into cooking and eating.

This year, slow cooking can earn you a prize and help support a foundation that educates children about healthy eating options.

Slow cooking fans are invited to share their original culinary creations with the entire nation this October in the Second Annual Crock-tober Cook-Off Recipe Contest, sponsored by the Crock-Pot brand. The contest marks the start of slow cooking season, when thoughts turn to the hearty, homemade dishes that will keep us warm all winter long.

For each recipe entered, the Rival Crock-Pot brand has pledged to donate \$1, up to a maximum of \$5,000 to the Feed Their Dreams Children's Foundation, a national nonprofit organization devoted to educating children about nutrition.

In addition, four finalists will



There's nothing quite as good as slow cooking, says a new recipe contest.

be named in February 2006 and each will receive a collection of Rival kitchen appliances, as well as a trip to New York City to compete in the final round of the Recipe Contest.

The sole Grand Prize winner from that cook-off will win a cooking class and a family trip for four to a U.S. Marriott Vacation Club destination.

"The popularity of slow cooking just continues to grow, and with it

comes a wealth of exciting new recipes," said Mona Dolgov, director of marketing for the Crock-Pot brand. "We're looking forward to seeing what the entrants cook up—and supporting the Feed Their Dreams Children's Foundation in the process."

Contest Details

Contest categories include:

- Quick-n-Easy—Slow cooker preparation in 20 minutes or less.
- International Cuisine—A dish featuring ethnic or regional ingredients.
- Impress Your Guests—A dinner party dish for four or more guests.
- Hunt's Family Favorites—A popular dish for two or more family members containing any Hunt's brand product.

Contest entries must be submitted no later than October 31, 2005.

You can visit the Web site at www.crocktober.com for complete official rules, including entry submission, recipe requirements and eligibility, judging criteria and other important information.