

Q&A

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Redesign Your Home Without Breaking The Bank

(NAPSA)—Ty Pennington is most recognized as the charismatic designer who works wonders for deserving families each week on “Extreme Makeover: Home Edition,” his home-makeover television program, but the self-proclaimed “jack-of-all-trades” is adding a few things to his tool belt. He shares the latest in a brief interview:

Q: So what’s new for you in 2007?

A: Well, I’ve actually got a lot going on. I am launching a new magazine, tentatively called Ty Pennington at Home, starting a new production company and opening an L.A.-based design store, ADHD: Art, Design, Home Décor.

Q: What can readers expect from Ty Pennington at Home?

A: I’m really excited about the new magazine. It’s dedicated to home design and gives great tips and advice on how to redesign your home without breaking the bank.

Q: And what about ADHD? That’s a pretty interesting name for a design store.

A: Yeah, well it’s no secret that I have Attention Deficit Hyperactivity Disorder (ADHD). It’s something that I’m committed to raising awareness about, and I thought what better way than to combine two of my passions.

Q: How do you keep up with such an extreme schedule?

A: I think the most important thing is to stay on top of your health. I try to eat right, get



RECOGNIZE HIM? Ty Pennington, the “Extreme Makeover” star, is partnering with Bayer on the Wonders of the Heart campaign.

enough sleep (which can be hard since I’m always on the road) and exercise every day. And when I have pain, I take aspirin.

My job is pretty hard work—rebuilding a home in just seven days, week after week! I really love helping people rebuild their lives, but work can sometimes be a pain. So then I sometimes find myself reaching for the aspirin so I can handle everything my job throws at me. Anything that can help you relieve a headache or survive a heart attack, when taken when your doctor tells you, is pretty amazing!

Ty Pennington’s new magazine will be launching in April 2007 and his home design store will be opening in April as well. Ty will also be partnering with Bayer on a new campaign, Wonders of the Heart.