

## spotlight on health care

## **Programs Help Uninsured Americans Stay Healthy**

(NAPSA)—Ivette Aponte is one of the 47 million Americans who do not have health insurance. Even though Ivette has two parttime jobs, Ivette and her family are uninsured because her employers do not offer insurance. Without insurance, Ivette found that she could not get medicines her doctor prescribed for her medical conditions.

But two years ago, Ivette decided to find help getting her medicines: "My medicines help me manage my conditions and keep going to work, which is critical because I am a single mother."

Every year, Americans make resolutions to be healthier. Some want to lose weight by exercising and eating better. Others plan to start going to the doctor for annual check-ups or to start taking their medicines more regularly. But some Americans, like Ivette, are not able to reach their health goals because they do not have health insurance.

It can be hard to keep your promise to eat less and exercise more. But imagine how hard it is to be healthy if you do not have insurance to help pay for things like doctor visits and medicines. When patients put off seeing the doctor, or stop taking their medicines, their health can go from bad to worse.

The good news is that help is out there for uninsured Americans who need help paying for medicine. One program is Pfizer Helpful Answers™, which helps people without prescription coverage save on many Pfizer medicines, no matter their age or income. People with limited incomes may even qualify to get their Pfizer medicines for free.



Ivette Aponte (left) and her doctor, Dr. Carolyne McHyman (right).

With help from Pfizer Helpful Answers, Ivette is getting her Pfizer medicines on time. By taking her medicines before she starts feeling worse, Ivette can keep working to support her family.

"For those of us that do not have insurance and are lowincome, Pfizer's program is one of the best ones out there," Ivette says. "I wish everyone who needed help getting their medicines knew about this great program."

If you too are uninsured and need a Pfizer medicine, call the Pfizer Helpful Answers toll-free number (1-866-706-2400) or visit www.PfizerHelpfulAnswers.com. It is also easy to find help if you do not know who makes your medicine, or if you need help paying for other name-brand or generic medicines, through the Partnership for Prescription Assistance<sup>™</sup> (PPA). Simply visit www.PPARx.org or call 1-888-4PPA-NOW. The PPA is a service sponsored by the pharmaceutical industry that helps patients find out about more than 475 public and private programs that can help them get access to the medicines they need.