

AMERICA'S & Heroes & Heroines

Inspirations In Women's Health

(NAPSA)—Today nurse practitioners are on the front-line for patient clinical care. According to the National Sample Survey of Registered Nurses, there are more than 100,000 nurse practitioners delivering a significant share of the medical services available to patients. The profession is among the fastest growing in the health care field.

The "Inspirations in Women's Health" contest acknowledges and celebrates the extraordinary initiatives of nurse practitioners nationwide. The contest, sponsored by 3M Pharmaceuticals and the National Association of Nurse Practitioners in Women's Health (NPWH), highlights community projects in which nurse practitioners go above and beyond their call of duty in the areas of women's sexual and reproductive health.

Contest winner Kathy Zambo is on the medical staff at the Indian Health Service in Eagle Butte, S.D., on the Cheyenne River Sioux Tribe Reservation. She was the first health care provider to perform exams for the tribe's Women's Breast and Cervical program, and currently works with a specialty prenatal clinic.

"Through her work, Kathy Zambo highlights the importance of open dialogue between health care providers and patients," says Susan Wysocki, president of NPWH. Zambo also hosts a weekly morning radio program called "Pejuta-Waste—Good Medicine." This program helps to provide educational information to the public regarding wellness and disease prevention. She also appears at high school health fairs, stressing the importance of patient care



(left to right) **Suzanne Hart of 3M Pharmaceuticals, Kristin Chaussee, Kathy Zambo, Barbara Dehn, and Susan Wysocki of NPWH.**

for a variety of audience ages.

Kristin Chaussee and Barbara Dehn were highlighted as the contest's honorable mentions.

Chaussee created the Mid-Dakota Teen Clinic. She also developed a Web site in conjunction with the clinic, to provide young women with a platform for ongoing communication as well as educational outreach.

Dehn co-founded Maps for Women to provide an easy-to-read and user-friendly reference guide in a unique laminated "map" format. Maps for Women provides condensed yet essential objective information on several women's health topics, including pregnancy and menopause.

The winners received educational grants to help further the community projects and were honored at the NPWH annual meeting. Next year's "Inspirations in Women's Health" contest will be launching in Spring 2004. More information on the contest may be found at www.NPWH.org or www.MetroGel-Vaginal.com, or by e-mailing NPContest@kprny.com.