



# SAFE HEALTH NEWS

## Mixing Prescription And OTC Medicines

(NAPSA)—For the 90 million people in the U.S. who suffer from medical conditions such as high blood pressure, heart disease, glaucoma, diabetes, thyroid disease, enlarged prostate, eating disorders and depression, finding a decongestant, diet pill or other health aid at the drug store can be a risky exercise.

**Relieves Nasal Congestion  
Without Unwanted  
Side Effects!**

**PURALIN®**  
Homeopathic  
**DECONGESTANT TABLETS**

Relieves nasal and sinus congestion,  
watery eyes due to colds and hay fever.  
This could be the decongestant for you to use  
even if you are being treated for:

✓High Blood Pressure ✓Thyroid Disease ✓Glaucoma  
✓Enlarged Prostate ✓Heart Disease ✓Diabetes

PURALIN'S ingredients have no unfavorable interaction  
with other drugs!

Non-drowsy All Natural 48 TABLETS

**A brand of OTC products has been formulated to avoid interactions with prescription drugs.**

According to medical experts, people taking prescription medication often don't read the warnings printed on everyday over-the-counter (OTC) products. Many health aids and supplements can interact badly with prescription medications, leading to unwanted, possibly dangerous side effects.

But safer alternatives are available for most common maladies. Puralin brand products, for example, do not interact with prescription drugs because Puralin uses only natural, nontoxic, homeopathically formulated, nonallergenic ingredients, in an effort to avoid unwanted side effects.

Everyone needs to become better informed about self-care options. Anyone already taking medication should read the product package carefully before buying a health aid. One prescription for good health is a safer alternative at the drug store.

To learn more, visit the Web site at [www.puralin.com](http://www.puralin.com).