

Fast Stress Relief On the Go!

(NAPSA)—Living with stress is a fact of life, but now there's all-new Rescue Remedy Spray® from Nelson Bach USA, Ltd. that offers fast and convenient relief. Now, the best selling stress reliever, Rescue Remedy, used by celebrities including Cate Blanchett, Rosie O'Donnell, Jennifer Aniston, and Sissy Spacek is available in an easy-to-use spray format for people on the go—portable enough to toss in a purse or pocket.



“We all have stress. How we react to it is our choice. Instead of becoming over-emotional, grabbing another cigarette, or snapping at a colleague, we can reach for Rescue Remedy Spray,” said Nancy Buono, national education manager of Nelson Bach USA, Ltd. “Rescue Remedy helps us take control of our lives—it relieves stress naturally and safely without side-effects. With stress under control, we can make more rational life choices. And, we live healthier lives.”

During the early 1930s, Dr. Edward Bach discovered the 38 Bach Flower Essences, dilutions of flowers which balance different emotional states. He found that five of the essences: Rock Rose, Star of Bethlehem, Impatiens, Cherry Plum and Clematis had special energy properties to calm agitated emotions, creating an effective remedy for everyday stress. This combination came to be known as Rescue Remedy. Today, it's sold all over the world, and yet the mother tinctures are still made according to Dr. Bach's original methods, formulated over 70 years ago in England.

Nelson Bach has been manufacturing homeopathic medicines since 1860. With over 140 years of solid homeopathic experience, the company has earned the distinction of being a worldwide leader in its field.

For more information on Rescue Remedy®, the Bach Flower Essences® and Nelsons™ Homeopathy, contact Nelson Bach USA at 1-800-319-9151 or visit www.nelsonbach.com.