



## spotlight on health

### Relieving News For Anxiety Sufferers

(NAPSA)—Most people experience anxiety once in awhile. But for the estimated 19 million Americans who suffer from anxiety disorders, it can be an everyday occurrence. The excessive uncontrollable worry and the abrupt episodes of intense fear (panic attacks) associated with these disorders can be disabling and disruptive to everyday routines. And taking medication to treat these symptoms can be inconvenient or difficult when water is not readily available.

Now, there is a new prescription tablet available, Niravam™ (alprazolam orally disintegrating tablets), that dissolves on the tongue without the need for water. It has the same rapid onset as conventional alprazolam and is designed to offer immediate access to medication so you can take it whenever and wherever needed, as directed by your physician. For instance, since it does not require water, it can be taken discreetly while at work or in social settings.

So if you'd like a more convenient way to take anxiety medica-



**Many Americans may soon have less to worry about.**

tion, talk to your doctor to see which treatment is right for you.

Niravam™, a Schedule IV controlled substance, is available in the same strengths and has the same dosage schedule as conventional alprazolam tablets. The most common side effects include drowsiness or lightheadedness. Use is associated with a risk of dependence and withdrawal reactions. For more information, talk to your healthcare professional or visit [www.NIRAVAM.com](http://www.NIRAVAM.com).