

Kitchen Corner

Tricks To Help Make Family Life Simpler

(NAPSA)—Cooking is not going out of style but for busy parents, cooking with pots and pans may soon become a thing of the past.

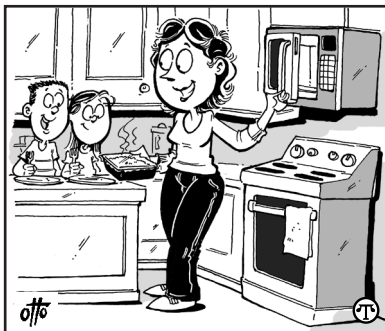
Providing a fresh, home-cooked meal for the family can be more of a challenge when there simply isn't enough time to cook—let alone wash up messy pots and pans.

Making life—and meals—much easier is a new package with which you heat meat entrées and steam fresh vegetables in the microwave.

Due to new packaging concepts, such as Sealed Air Corporation's Cryovac® Simple Steps™, vegetables and entrées can be heated and served in the original packaging, without the need to puncture ventilation holes or remove film before cooking.

The film tents up in the microwave and self-vents, allowing steam to escape and resulting in reduced risk of burns or messy spills as the tray is removed. The vacuum package also locks in flavor and freshness.

Prep time and cleanup are practically eliminated. Packaging benefits for refrigerated heat-and-serve vegetables and entrées also include convenient features such as stay-cool side handles for safe-and-easy removal from the



New microwave-ready packaging makes serving quality meals easier for today's on-the-go families.

microwave, and easy-open features for quick serving.

With microwaveable meals and convenience packaging growing in popularity, today's dinner options are expanding to include meats such as beef tips, chicken breasts, pork, pot roast and turkey, as well as vegetables like asparagus, zucchini, broccoli and coined carrots.

These can be found in heat-and-serve, fresh meat or produce sections of the grocery store.

If your on-the-go lifestyle has you pressed for time, be sure to look for the Simple Steps™ logo to ensure easier meal preparation.

For more information, visit www.ezmealprep.com.