

# Fashion FORECAST

## What To Wear When You're Expecting

(NAPSA)—On top of having to “eat for two” when you’re expecting, finding something to wear that’s comfortable, stylish and modern can sometimes seem like you’re shopping for two.

Here are a few tips to help you find trend-conscious maternity clothes that flatter and fit your changing figure:

- Don’t hide it. Celebrate it. It’s trendy to show off your expectant shape. Accentuate curves and show off your femininity. Skin and hair tend to look great when you’re pregnant. Choose clothes that show off your best features whether that’s your shoulders, your neckline or your face.

- Keep it simple. Think clean lines, classic pieces, basic colors.

- Make use of accessories to balance out your look—necklaces, bracelets, great shoes.

- Invest in a few good pieces. While you can make do with some items in a larger size, larger sizes tend to fit over your stomach and hang off the rest of you. This can make you look like you’re swimming in your clothes. Buying a few good pieces of well-cut maternity clothes can help you look pulled together and stylish. If you mix and match pieces in a few solid colors, they go farther.

- Think fabric. Choose clothes that come in soft, comfy materials like jersey or flexible ones like Lycra fabrics, yet are cut in modern, up-to-date styles.

- Don’t give up on jeans. Modern maternity jeans such as



**You don’t have to give up on jeans when you’re expecting. New materials make it much easier to be stylish in comfort.**

Mama J by J Brand, made with XFIT LYCRA fabric technology, emphasize the beauty of a pregnant woman while accommodating every move. They also work well when getting back in shape after the baby is born. A celebrity favorite, the jeans, available at A Pea in the Pod, are cut lower in the front and higher in the back, so you don’t have to deal with extra material over your stomach.

The fabric is made with a patented cross-weave technology from Invista that delivers better-fitting and more comfortable jeans thanks to the fabric’s ability to stretch and recover in all directions.

For more information, visit [www.xfitlycra.com](http://www.xfitlycra.com).