

Great Maternity Style Is Just Baby Steps Away

Fashion and Beauty Tips from Stylist to the Stars, Pauline Leonard

(NAPSA)—Moms-to-be can always use a little extra help when it comes to dressing their ever-changing bodies and celebrity stylist Pauline Leonard has just the right advice. Leonard has worked with famous moms including Christie Brinkley and Jane Kaczmarek, and has styled photo shoots and covers for various magazines including *Fit Pregnancy*.

“A woman always wants to try and look her best while she’s pregnant,” says Leonard. “In the past it’s been difficult to get great maternity pieces without spending a lot of money, but now it’s easy with so many affordable—yet fashionable—options.”

Leonard’s philosophy is simple—a woman should never sacrifice her style during her nine months of pregnancy. She recommends Old Navy Maternity for its many great options at such affordable prices. The line, formerly only available at oldnavy.com, is now also available in 53 stores across the nation. To locate a store carrying one of maternity’s best kept secrets, log onto oldnavy.com or call 1-800-Old Navy.

Here, Leonard shares some of her maternity fashion and beauty tips:

• **Stay Away from His Closet**—Stay away! His wardrobe will only look big and messy and make you feel that way too—you’ll feel much prettier and sexier in pieces that actually fit your shape.

• **Bulge is Bad**—Avoid pants and skirts that have belt loops or bulky front buttons, zippers or closures, so you don’t have any lumps in the tummy area. Choose a pant with a good classic tummy panel like Old Navy Maternity stretch boot-cut jeans (\$38.00).

• **Stand Tall**—A woman’s feet take the brunt of a pregnancy. For someone constantly on the go, try a soft, leather driving shoe that will



Celebrity stylist Pauline Leonard gives affordable and fashionable tips for all moms-to-be.

look great with capris and jeans. Or, for a little height and sex appeal without having to compromise your balance, try a shoe with a sweetheart or kitten heel.

• **Calm Your Spirit**—Yoga is one of the best ways to prepare your body for childbirth, and nearly everyone can do it. Invest in some yoga essentials, like Old Navy Maternity’s yoga capris (\$24.00) and a racer-back tank with built-in support (\$14.50).

• **Be Beautiful**—Everyone who uses Dr. Hauschka Stretch Mark Oil swears by it to prevent and minimize stretch marks. Another favorite is Erba Viva Essential Oils for the bath—such as the Mommy to Be Milk Bath—but remember, avoid really hot baths. Luke-warm is much better for the baby-to-be.

With these celebrity style secrets in mind, pregnant women can grow and glow effortlessly throughout their nine months. All it takes are baby steps...in the right direction!