

Dive Into Flattering Swimwear

(NAPSA)—When it comes to choosing a swimsuit, keep your head above water by shopping for figure-flattering fits.

Hot trends in the new collections feature swimwear with minimizers and slenderizing fabrics to help wearers put their best look forward. The new lines can also help boost a woman's self-confidence by accentuating the body's natural contours.



If finding the bathing suit that fits best throws you for a curve, look for designs with a slimming effect.

“Women who exude self-confidence are those who accept themselves for who they are, flaws and all,” said Dr. Gail Saltz, a New York-based psychoanalyst who specializes in female relationships and self-esteem issues. “And wearing clothing that flatters one's body will help demonstrate an even higher level of self-esteem.”

One collection to consider is Miraclesuit's 2002 spring and summer lines, which offers instant shaping, control and the appearance of weight loss. Claims of “looking 10 pounds lighter in 10 seconds” may be due to their exclusive fabric, which contains three times the amount of Dupont lycra (32 percent) found in ordinary swimsuits. Miraclesuits' “Tanks a Lot” collection uses color blocking to draw the eye to the body's own curves. An ankle length pareo is available for extra coverage.

Miraclesuits can be found at major department stores, including Nordstrom, Lord & Taylor and Macy's. For help with figure solutions, visit www.cyberswim.com.