

(NAPSA)—Teens will eat healthy by “mistake” if it’s exciting. Challenge them to top off their favorite foods with 30 different fruits and vegetables in September during Fruit & Veggies—More Matters® Month. Learn more at [www.partnering4health.org](http://www.partnering4health.org).

Fruit & Veggies—More Matters® Month

# #justveggin

Share Snapshots of Your Favorite Concoctions  
Challenge Your Friends to Eat 30 Fruits & Veggies

## PIZZA Pile It On



## BURGERS Stack It Up



## TACOS Stuff It In



Learn more about the national project to prevent chronic disease, like diabetes and heart disease at: [partnering4health.org](http://partnering4health.org) or follow the program using hashtag #Partnering4Health

The Society for Public Health Education (SOPHE) was among five national organizations (with 97 local communities) approved by the U.S. Centers for Disease Control and Prevention to work cooperatively with American Heart Association, American Planning Association, Directors of Health Promotion and Education, and the National WIC Association to prevent and control chronic diseases through population-based strategies at the community level. This program is made possible through a grant provided to the Society for Public Health Education as part of Funding Opportunity Announcement (FOA) DP14-1418: National Implementation and Dissemination for Chronic Disease Prevention, via fiscal year 2014 funds, as part of a 3-year cooperative agreement between the participating partners.

