



Health And Well-Being

Help For Cancer Patients

(NAPSA)—Scientists have discovered new ways to help people combatting cancer handle one of the worst impediments to getting the treatment they need.

The problem, according to the *Journal of Oncology Management*, is nausea, an often uncomfortable side effect of chemotherapy. In fact, it can be so bad that it can keep patients from eating properly, which drains their strength when they need it to fight the disease. In some cases, it even discourages people from continuing the treatments.



Two convenient, noninvasive nausea treatments may make a big difference in cancer patients' lives.

The U.S. National Institutes of Health found acupuncture can relieve nausea, as can non-invasive acupressure. People nauseated by chemotherapy, motion sickness or other causes can wear acupressure wristbands called Sea-Bands, each with a plastic button that presses gently on the wrist.

Another answer may be fast-acting, great-tasting Anti-Nausea Ginger Gum. A study at the University of Exeter in Britain found a significant reduction in nausea in leukemia patients who took ginger.

Both are available at drugstores and supermarkets or at www.sea-band.com.