Testicular Cancer: Early Detection Is Key

(NAPSA)—When found early, testicular cancer is one of the most treatable forms of cancer, with an overall cure rate of 90 percent. Testicular cancer can occur in males of any age, including infants and elderly men. However, it is most common in males 15-40 years old.



The main risk factor for the development of testicular cancer is undescended testicle(s). Men who have a family history of testicular cancer and those who have a personal history of testicular cancer (men who have had cancer in one testicle are at an increased risk for developing cancer in the other) are also at risk. White American males are also considered at risk. The risk of testicular cancer among white Americans is five times higher than that of African American men.

By practicing early detection, men can increase their chances of finding testicular cancer in its earliest, most treatable stages. Once a month all men should perform a simple testicular self-examination (TSE) to discover any physical changes or abnormalities early.

For information on how to perform a TSE and on testicular cancer, visit www.preventcancer.org.