

Runny Nose Or Nasal Allergy?

(NAPSA)—Your child has had a runny nose and cough for several weeks now. You realize that this is her third or fourth cold this summer. In fact, she never really seems to get completely well in between the colds. You are growing weary of the constant nose wiping and doses



Child allergies are nothing to sneeze at. A non-medicated spray can help relieve the symptoms.

of cold medicine during the night just so she—and you—can sleep. When will these colds end? Or could it be allergies? How do you tell? Here is some information to help you treat these bothersome symptoms.

First, common signs of nasal allergy include nasal congestion; clear runny nose; itchy nose; excessive sneezing; itchy, watery, red eyes and recurrent ear infections.

For children suffering from nasal congestion, many parents use a non-medicated product such as Baby Ayr Saline Nasal Spray/Drops. This helps to loosen and thin secretions to aid in the removal of mucus from the nose and sinuses.

To learn more, visit the Web site at www.bfascher.com.