

Children's Health

Fruit And Veggies Online

(NAPSA)—If your children play with their fruits and vegetables rather than eat them, they may want to play with fruits and vegetables online at a Web site that explains just how much fun this nutritious food group can be.



A new Web site says it's okay to let kids play with their fruits and vegetables—online.

Recently the aboutproduce.com Web site was enhanced to make it more attractive and fun for kids (ages 4 and up) to learn about fresh fruits and vegetables. There, kids can:

- Take an interactive adventure on a make-believe farm.
- Paint coloring book pages online.
- Discover different ways to use produce items in crafts.

Children can find easy recipes that contain their favorite fruits and vegetables, plus get answers to produce questions.

aboutproduce.com is sponsored by the Produce Marketing Association and the Produce for Better Health Foundation.