

Protecting Your Family From Flu

(NAPSA)—You're protecting more than yourself when you get vaccinated against influenza. That's because children are two to three times more likely to develop the disease than adults—and they could get it from you.

The flu shot is the single most effective way to protect your loved ones and the many lives you touch every day. In fact, the Centers for Disease Control and Prevention (CDC) found that in 2008 92 percent of pediatric deaths caused by the flu occurred in children who were not vaccinated.

Healthcare officials at the CDC have stated that, beginning this flu season, all people ages 6 months and older should receive an annual seasonal flu shot. This year's vaccine includes immunization against three different strains of influenza, including H1N1.

For help in protecting your



family against influenza, visit www.findaflushot.com/clinic. This site can help you find:

- Nearby flu clinics
- Clinic dates and times
- E-mail, text and calendar reminders for your appointment date, time and location. You can sign up for reminders at www.findaflushot.com/reminder.aspx.

To learn more, call (866) 534-7330.