

# ALLERGIES OR SINUSITIS?

## ALLERGY SIGNS

- Sneezing & a stuffy or runny nose
- Clear or whitish nasal drip
- Itchy watery eyes
- A burning sensation in the eyes or nose

## BACTERIAL SINUSITIS SIGNS

- Fever
- Pain in the upper teeth
- Pressure or pain in upper cheeks, top of nose, between eyes or forehead
- Stuffed nose & mucous is thick & yellow, greenish or grayish
- Symptoms last for more than 10 to 14 days

FRONTAL  
SINUS

ETHMOID  
SINUS

MAXILLARY  
SINUS

SPHENOID  
SINUS

**Sinus**  
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