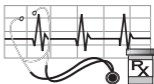


Health Awareness



Do You Need Diabetes Medicines? [®]

(NAPSA)—Doctors have learned that the sooner your blood sugar is controlled, the better for preventing eye, nerve, kidney and heart problems. People with diabetes may also need medicines for blood pressure and cholesterol to prevent complications such as heart disease and stroke.

What You Should Know

Many types of medicines are available to help manage diabetes. Over time, you may need more medicines to reach your blood sugar targets and stay healthy. The medicines that work best for you depend on your type of diabetes and your usual daily routine, eating habits, activities and other health conditions.

What To Do

Talk with your doctor about whether you need medicines in addition to proper diet and regular physical activity to help control your diabetes. Your blood test results will help you and your doctor decide the best approach for caring for your diabetes.

For More Information

Visit the National Diabetes Information Clearinghouse website at www.diabetes.niddk.nih.gov for more information and free publications about diabetes.