



spotlight on health

Kids and Diabetes

(NAPSA)—There is good news for parents who are concerned about the growing number of children diagnosed with diabetes. There are a number of tools and services that can help families manage the daily challenges of diabetes.

More than 18 million Americans are living with diabetes—a condition that affects the body's ability to produce or properly respond to insulin. To assist parents and their kids with diabetes, the American Diabetes Association (ADA) has developed some helpful tools.

For example, for children with type 1 diabetes, the association has developed its Wizdom kit. This free kit contains two books—one for kids and one for parents—and is a fantastic resource with information and tips to help parents and children manage diabetes. The kit can be ordered online at diabetes.org/Wizdom, or call 1-800-DIABETES (800-342-2383).

ADA's Web site, diabetes.org, has an entire section just for parents and their kids living with diabetes. This section explains what diabetes is, its symptoms, and diabetes care. Young people can also check out Youth Zone[®], a Web site just for kids with diabetes at diabetes.org/youthzone.

Diabetes camps are another resource provided by ADA to help kids adjust to living with diabetes. Each year, more than 10,000 children attend more than 70 ADA-supported camps across the U.S. To learn more about Diabetes



There are many helpful tools and resources for the growing number of children diagnosed with diabetes every year.

Camps, visit diabetes.org/camp.

A relatively new program for families is the Family Resource Network (FRN). The FRN consists of groups of parents working with local diabetes health care professionals and schools to learn more about diabetes and offer mutual support. To learn more about the FRN, visit diabetes.org/FRN.

ADA is continuously working to end discrimination against students with diabetes through its legal advocacy efforts. The recent launch of its Safe at School campaign ensures that students with diabetes are safe at school and have access to all educational opportunities. To receive ADA's school discrimination kit, call 1-800-DIABETES or visit diabetes.org/advocacy-and-legalresources.

Living with diabetes can be a challenge. With the help of a supportive family, a team of medical experts and resources like those from the ADA, a life with diabetes can also be filled with many rewards.