

# Health And Well-Being

## The Word Of Mouth On Dealing With Dry Mouth

(NAPSA)—Here's health news you may find easy to swallow: Researchers at the University of California, Irvine have discovered a way people affected by dry mouth can improve their ability to eat and swallow, and reduce tooth plaque by 58 percent.

### The Problem

Dry mouth is the subjective sensation of oral dryness that affects up to 60 percent of the elderly population, and is caused by various disorders and oral cancer treatments such as radiation to the head and neck. Additionally, a number of medications, including over-the-counter drugs such as antidepressants, decongestants, antihistamines, appetite suppressors and diuretics, produce symptoms of dry mouth. These symptoms include a sticky, dry sensation in the mouth, tongue roughness, frequent liquid consumption, difficulty speaking and swallowing, and sleep disruption.

### An Answer

Fortunately for many of these people, there's a patented dry mouth product that sticks to the gums on the outside of a molar, releasing one-half gram of xylitol, which stimulates saliva, and cellulose gum, which, combined with saliva, forms a lubricating gel. Xylitol, slowly released in the mouth so it lingers, is effective for reducing dry mouth, plaque and tooth decay. Moreover, use of these XyliMelts from OraCoat at night while sleeping, when saliva flow is lowest, is the most effective delivery of xylitol.

The University's 21-day clinical study found that XyliMelts significantly reduced sleep disruption by lasting for six hours while sleeping, when dry mouth is at its worst, while improving mouth wetness upon waking in the



**Tucking a tablet or two against your gums can do away with the unpleasantness associated with dry mouth.**

morning. The oral discs also diminished tooth sensitivity to hot, cold and spicy foods and drinks.

The test subjects also reported the discs as easy to use with a favorable taste and overall mouth feel.

In addition, in a recent Clinicians Report survey of dentists published by CR Foundation—an independent, nonprofit, dental education and product-testing organization—dentists who were familiar with the product rated it more effective than any other remedy for dry mouth, including prescription drugs.

A companion product for chronic dry mouth patients is OraCoat XyliGel, a soothing gel.

All the company's oral care solutions are backed by careful research based on medical science to ensure optimum performance and user safety.

### Free Sample

For a free sample, call (855) 275-4766.

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