

Alzheimer's & You

Safety Tips For Those With Alzheimer's

(NAPSA)—There's helpful news for people with Alzheimer's disease and related dementias. There are practical steps family caregivers can take to make an environment safer—whether that environment is a room or an entire home.

To help, here are some tips from the experts at Brookdale's Clare Bridge communities—communities purposefully designed for the safety and comfort of people living with Alzheimer's:



Choosing contrasting colors for the floor, chairs and tables in an area can help to keep it safer for those with Alzheimer's.

- Minimize clutter and obstacles in the home.
- Make sure floors are not slippery.
- Choose contrasting colors for the floor, chairs and tables in an area.
- Use décor and furniture in each room to distinguish the purpose of the room.

Brookdale's experts believe a safe environment can contribute to the independence of a person living with Alzheimer's.

Visit Brookdale at www.brookdale.com or call 1-855-444-7658.