

Flu-Fighting Facts For Parents

(NAPSA)—Did you know that over 200,000 people in the U.S. are hospitalized each year for illnesses related to the flu, and that the virus kills about 36,000 people each year?

Children are more susceptible to the flu, and once they catch the influenza virus, it can spread like wildfire. To help stop the spread of the flu in the home, parents can take four simple steps:



Parents can keep the playroom from becoming a playland for the influenza virus.

1.) Clean: Wipe down hard surfaces, including toys, counters, toilets and sinks with a household cleaning agent, such as Lysol, to rid them of germs.

2.) Dry: Allow surfaces ample time to dry completely before disinfecting them.

3.) Disinfect: Once a toy is clean and dry, apply a disinfectant to rid the surface of bacteria and viruses. But make sure to carefully read a product's label for instructions. Bleach is only effective if diluted properly by water.

4.) Remember: Use these tactics for all shared surfaces. Learn more from the cleaning experts at Aftermath, the only national company specializing in crime scene cleanup and sanitizing serious biohazards such as MRSA and HIV. Visit www.aftermath.com/flu-facts or call (877) 872-4399 for more information.