

Naturally Lowering Cholesterol

(NAPSA)—If living a healthier life is your cup of tea, you may be interested in an easy way to improve your health—using the natural antioxidant powers of tea.

Almost half of all Americans are overweight and have dangerously high levels of cholesterol.



Tea extract contains as much cholesterol-fighting power as 35 cups of green tea.

Heart attacks are still the No. 1 killer in the U.S. The problem is that high cholesterol and your risk may be greater than you think.

According to American Heart Association guidelines, the acceptable level of “bad cholesterol” is 30 percent lower than it used to be only a few years ago. This means that millions of Americans, including those who never dreamed they were at risk, now are.

Fortunately, there are natural, nonprescription alternatives for lowering cholesterol. For example, heart-healthy products such as TeaFlavin, an all-natural, caffeine-free capsule made from tea extract, contain as much cholesterol-fighting power as 35 cups of green tea.

For more information on TeaFlavin, visit www.teaflavin.com or call (800) 876-4332.