

“Oh, My Aching Feet”

(NAPSA)—You’ve probably heard someone complain about hurting feet many times. It’s important to pay attention to this pain because it may be more serious than just tight shoes.

Foot pain when resting or that awakens one from sleep; wounds that won’t heal and gangrene are symptoms of a vascular disease called CLI (Critical Limb Ischemia). Typically, people with CLI describe a burning pain in the arch or distal foot when they are



at rest that is relieved by standing. CLI is complex and often requires a combination of conservative management, endovascular therapy and surgical bypass to save your leg. It can be diagnosed with a noninvasive Doppler ultrasound office examination.

Make sure you are not experiencing the more serious symptoms of CLI when your feet hurt. If you are concerned, talk with your doctor. If you have CLI, see a vascular surgeon. They are the only physicians trained and expert in all treatment modalities for CLI.

Visit VascularWeb.org, presented by the Society for Vascular Surgery, for more information about vascular health.