

HEALTH NEWS & NOTES

Boomers Get Smart About Medications

(NAPSA)—When it comes to health, studies show baby boomers are one of the most proactive groups in the country. That may be because many boomers face the same health problems and concerns. For example, one in five are expected to develop some form of arthritis—a sometimes crippling disease with a variety of treatment options.

SUPPLEMENT TO
Arthritis Today

2002
Drug Guide

Master your
medicine chest.

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ARTHRITIS FOUNDATION
Take Control. No Can Help.

2002 *Drug Guide* can help consumers make sense of arthritis treatment options.

To help clear up the confusion that can surround arthritis treatment, *Arthritis Today*, the consumer publication of the Arthritis Foundation, has produced the FREE 2002 *Drug Guide*—a comprehensive medical resource for arthritis patients, caregivers, and the millions of baby boomers reaching the age where arthritis becomes more prevalent.

The *Drug Guide* can help people with questions about medication doses, interactions and side effects. In addition, the guide features eight distinct drug charts, broken down by category.

The guide also contains a journal for people to record information related to changes and experiences they may have when taking medications. People can then discuss those experiences with their doctors.

For a FREE 2002 *Drug Guide* call 1-800-283-7800 or visit www.arthritis.org.