



Spotlight on Men's Health

Enlarged Prostate Sufferers Have A Better Choice

(NAPSA)—For more than 23 million men worldwide, enlarged prostate is a condition they live with. It's uncomfortable, worrisome, and affects daily routine by restricting a man's activities. Still most men live with the problem.

Symptoms of BPH

Frequent need to urinate both day and night.

Difficulty urinating.

Weak urine flow.

Stopping and starting of urine flow.

Feeling of being unable to completely empty your bladder.

Dribbling or leaking urine.



Benign prostatic hyperplasia (BPH), enlarged prostate, is a part of aging. As a man grows older, the prostate naturally increases in mass. When the increase is great enough, urinary flow is restricted. Symptoms include a feeling of never being able to completely empty his bladder and frequent urination with great urgency. Complications may follow. The quality of his life will most likely be impacted.

The condition is traditionally treated with medications that might improve symptoms, but do not reduce the enlargement. The worst cases of BPH are treated with surgery that removes part of the prostate and can result in undesirable side effects such as sexual dysfunction.

But in this age of patient-focused medical technology, a treatment called Cooled ThermoTherapy® has emerged. Men with enlarged prostate may choose this minimally invasive, in-office treatment that uses heat to destroy enlarged tissue and cooling to protect healthy tissue. Cooled ThermoTherapy results in an actual reduction of the prostate size and gives men lasting relief without the need for medication or surgery.

Men over 50 do not have to live with the discomfort and physical limitations of enlarged prostate. For more information about this lasting solution, visit www.cooledthermotherapy.com.