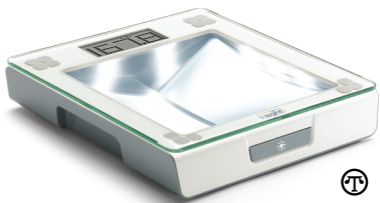


Health Bulletin

News For People With Diabetes

(NAPSA)—Daily foot observation could help many of the 23.5 million Americans with diabetes manage their condition.

In fact, doctors say more than half of the 82,000 amputations from diabetes that take place each year are preventable through proper foot care.



A mirrored scale could help you keep an eye on foot health.

That care includes checking feet for cuts, blisters, sores and abrasions. Since neuropathy, a common complication of diabetes, can cause loss of sensation in toes and feet, a visual inspection of the feet is key. Now a new weight scale could help.

It has specially designed lighted and magnified mirrors that allow for easy observation of the heels and soles of the feet without having to stretch or strain. Plus, the mirrors light up each time you step off the scale as a reminder to check your feet.

The easy-to-operate scale also has a large display that makes it easy to read. It is called the Insight Foot Care Scale, and you can find it at www.focusonyourfeet.com or by calling toll-free (866) 321-2406.