



Eye on Health Vision Loss Help

(NAPSA)—A new resource may help millions of people who are living with vision loss. It's a Web site designed for adults who are blind or have low vision, along with their families, friends and the professionals who work with them. It offers many low-vision safety tips:

- Mark the edges of cabinet doors with brightly colored fluorescent tape to make it easier to detect when open.
- Mark the leading edge of the first and last steps with reflective tape that contrasts with the background color of the floor or landing.
- Use a reversible black-and-white cutting board in the kitchen to provide contrast.

The site can help with locating vision-related rehabilitation services and professionals. ®

- Float a brightly colored toy or sponge in the bathtub to help determine the water level and avoid overflow.
- Install dimmers on lamps with incandescent bulbs to control illumination level and glare.

In addition to tips, the site, called VisionAWARE, offers a wealth of free information on topics such as finding ophthalmologists and optometrists for treating eye conditions and locating resources for improving life with low vision.

The site can also help with locating vision-related rehabilitation services and professionals; coping with the emotional impact of vision loss; maximizing the other senses; making simple, low-cost adaptations in the home and adapting computers for easier use.

The Web site was developed with support from Reader's Digest Partners for Sight Foundation. For more information, write to info@visionaware.org, go to www.visionaware.org/coping or call (914) 528-5120.