

health hints

Beat Bacteria, Bad Eyesight

(NAPSA)—There can be one easy way to protect yourself from two common troubles.

These problems are the eye-strain and the germs you can get from electronic devices, particularly those with touch screens.

A solution is to keep the screen covered with a removable, washable transparent film that's anti-glare and anti-microbial.



Prevent bacteria buildup and cut down glare and scratches by protecting your computer screen.

The anti-microbial aspect is important considering the Department of Health reports that viruses and bacteria can live two hours or longer on surfaces such as computer screens and keyboards.

The film also protects the screen from scratches that can make it hard to see and filters out 99 percent of harmful UV rays that can reflect off the screen into your eyes. According to the U.S. Centers for Disease Control, the eyes are highly susceptible to injury from UV radiation, which may cause cataracts.

The screen protectors are available for LCDs, laptops, tablet PCs, POS (Point of Sale) terminals and other screen devices. Available from PosR.us, the screens install easily in seconds.

To learn more, visit www.posr.us or call (516) 770-6661.