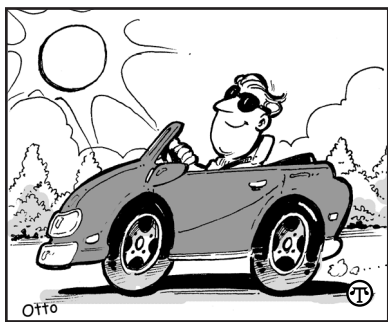


HIGHWAY SAFETY

A Glaring Problem: An Easy Answer

(NAPSA)—The sun's glare is one of the most overlooked dangers encountered while driving, particularly during the height of morning and evening commutes. But you can reduce that danger by taking a few simple steps:

- Make it a habit to lower visors to help block some of the reflected light.
- Avoid using high-gloss vinyl cleansers on dashboards.
- Keep the car windshield clean and the windshield washer fluid full.



When the sun is high, grab those sunglasses before you go out.

- If possible, choose an alternate route to avoid one with extreme glare.
- Turn on headlights to counteract the possible poor visibility of oncoming drivers.
- Most importantly, wear sunglasses with 100 percent ultraviolet protection. Consider sunglasses with polarized lenses to reduce glare to ensure safe driving.

The Vision Council of America reminds drivers that this is a good time of year to schedule an eye exam to ensure that your eyes stay healthy and your prescription remains current.

For more information about vision and safe driving, visit www.checkyearly.com.