

# Questions To Ask At Your Next Eye Doctor Visit

(NAPSA)—The best and happiest moments in our lives are seen and remembered through our eyes. Sight allows us to witness historic events, learn by seeing in the classroom of life and observe things that make us wonder, smile or believe.

According to a recent survey by Bausch & Lomb, four out of five Americans value sight above all other senses. This finding suggests that eye care should be an important consideration, yet two-thirds of the public are not asking their eye doctors the right questions to receive the best vision care for their eyes.

Neglecting your eye health can result in discomfort and eye irritation, and over time can even lead to more serious conditions such as inflammation, infection or ulcers on the cornea. For the 30 million Americans who wear contact lenses, eye problems can be exacerbated by wearing the wrong type of lenses, or improper care and cleaning of those lenses. According to optometrist Cathy Tibbetts, good eye health begins with asking your eye doctor these five important questions:

## **What are the latest innovations in eye care and new products that can enhance my vision?**

There are many contact lenses on the market that cater to different eye care and lifestyle needs.



By letting your eye doctor know your needs, he or she will be better able to prescribe the most appropriate lenses, such as silicone hydrogel contacts or disposable daily-wear contacts.

## **Are there contact lenses that are more suitable for my hectic schedule?**

If you are prone to working long days, travel frequently or have to get up several times during the night to tend to children, ask your eye doctor for lenses that are made from silicone hydrogel material, such as Bausch & Lomb's PureVision contact lenses, which provide exceptional vision, comfort, health and convenience.

## **How often should I replace my lenses?**

Depending on the type of lenses you currently own, and whether you follow the recommended replacement schedule, you may want to consider a different type of lens, such as a silicone hydrogel

lens designed for monthly replacement, such as PureVision, to better suit a hectic schedule.

## **How do I improve my vision, especially in low-light/night conditions?**

Many people have difficulty seeing at night and in low-light conditions. One of the reasons for this is spherical aberration, a natural anomaly that's inherent within the eyes of a majority of the general population due to the curvature of the eyeball itself. PureVision lenses are silicone hydrogel contact lenses that are designed to sharpen your eye's visual quality by helping to correct this spherical aberration.

## **How do I ease eyestrain or irritations after a long day?**

Ask your eye doctor about ways to prevent eyestrain, such as taking regular breaks from looking at the computer screen or switching to silicone hydrogel lenses such as PureVision, which retain more moisture and resist deposits for added comfort and health. In addition, PureVision's enhanced optics may further reduce eyestrain.

Although you should schedule regular eye checkup appointments every six months, doctors recommend you contact them immediately if you are having problems with your vision. Please also visit [www.PureVision.com](http://www.PureVision.com) for other questions you should ask your eye doctor.