

# *the* Science of Sight Vision Care As We Age

by Dr. Howard Purcell 

(NAPSA)—As we age, our eyes lose precision. Older Americans have special concerns when it comes to caring for their precious sense of sight.

Seniors need not be frustrated by the onset of reduced visual acuity, however. A sound plan of routine eye examinations with an Eye Care Professional can help in the early detection of problems specific to the aging process.



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It's important to understand those issues:

- Presbyopia is a condition which everyone starts to experience around age 40, when you begin to need vision correction for reading

- Cataracts, a yellowing/clouding of the eye's lens, are most often a result of growing older

- Age-related macular degeneration (ARMD) affects central vision—what you see straight ahead. While ARMD cannot be reversed, it's best managed through early detection

- Glaucoma, a disease in which the pressure inside the eye is too high, can lead to blindness. It, too, can be managed through early detection

One key to keeping the golden years shining may lie in routine eye examinations. Ask your Eye Care Professional about products that may help you see better as you age.

- *Howard B. Purcell, O.D., F.A.A.O., is Director, Professional Affairs, Vistakon, Division of Johnson & Johnson Vision Care, Inc.*



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*Note to Editors: This is the 4th in a series of 12.*