

# Five Reasons To Get Your Hearing Tested Today

by Jennifer Gehlen, Au.D.

(NAPSA)—A recent study found that only 16 percent of adults between the ages of 20 and 69 who would benefit from hearing aids have ever worn them. However, the longer you delay treatment, the more hearing loss can affect you. If you've been putting off getting your hearing checked, here are five reasons to take action today.

**1) Hearing loss drives your family crazy.**

If your family asks you to turn down the TV, gets frustrated when you keep saying "what?", and tells you you're speaking too loudly, you may have hearing loss. Left untreated, those annoying tendencies can continue to drive a wedge between you and your loved ones.

**2) Poor hearing harms your career.**

At work, you might miss directives, important details on a phone call, or nod along during a conversation and unintentionally agree to take on a big project yourself. The inability to hear properly can cause you to be overlooked for raises and promotions, threaten your job security, and limit your earning potential.

**3) Hearing loss may put your physical health at risk.**

If you struggle to hear, you might not notice a car coming while you're crossing the street or an ambulance or firetruck approaching from behind. Hearing loss can also affect your balance and increase your risk of falling threefold.

**4) Hearing difficulty jeopardizes your mental health.**

The inability to hear properly can make people frustrated, angry and socially withdrawn, which can lead to or



**Millions of Americans have hearing loss. It's a good idea to get your hearing checked.**

exacerbate conditions such as dementia and Alzheimer's disease. Even just being unable to hear the sounds you used to can cause grief and depression.

**5) Hearing struggles damage your quality of life.**

From the conversations and loss of sounds you used to enjoy to the social, physical and emotional aspects of not hearing well, all of these effects combine to diminish your quality of life and prevent you from living life to the fullest.

However, by getting your hearing tested and treated, you'll enjoy hearing what you've been missing out on over the years and even wonder why you waited so long to address your hearing problems.

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**Learn More**

For further facts on hearing loss and hearing aids, go to [www.signiausa.com](http://www.signiausa.com).