

♥ HEART HEALTH

Atrial Arrhythmia: A Threat To You?

(NAPSA)—Here's heartening news: researchers have found ways to treat a dangerous disease.

Atrial arrhythmia is an abnormal rhythm that develops in the upper chambers, the atria, of the heart. This can lead to heart failure, stroke and other serious consequences. It occurs in some 2.5 million Americans.

While some people with the condition are symptom free, others experience a sudden pounding or fluttering sensation in the chest, chest pain that can be described as pressure or tightening in the chest and a feeling of faintness or light-headedness. Anyone with such symptoms should see a doctor for an ECG or similar heart test.

If the test shows the condition exists, your doctor may suggest changes in your diet, surgical implants or prescription medicine.

Berlex Laboratories, Inc., the makers of Betapace AF™ (sotalol HCl), have created an educational pamphlet called *Understanding Atrial Arrhythmias*. Available on the Betapace AF Web site, this colorful question and answer guide provides plain-



Education is critical in the safe and proper treatment of atrial arrhythmia.

English explanations of how the heart works, tests that are used to determine a case of atrial arrhythmia, treatment options and important tips for patients to get the most from their anti-arrhythmic medicine therapy.

You can learn more about atrial arrhythmia and get a free copy of this important pamphlet online at www.BetapaceAF.com.