

Fashion TRENDS

All That Sparkles

(NAPSA)—If you want your look to come alive throughout the year, sparkle inside and out. That's the advice from fashion guru Phillip Bloch, stylist to celebrities. He offers these tips to give you the style and confidence to help you shine—from parties to prom to graduation.

- Make hair and nail appointments in advance.



- Stretch it out. Do yoga or low-impact stretching to get energized for a night of dancing.

- Moisturize for radiant, silky-soft skin.

- Accessorize, girl! Faux is fabulous, so wear plenty of bling.

- Honor your inner diva. Wear a tiara or fresh flower in your hair.

- Be yourself! Confidence is the best party accessory.

- Listen to the experts—Chic, sleek and classic is always best.

Bloch also recommends wearing fun fragrances from the Secret Body Spray Collection so you smell delicious all night. He says a scent is your signature, they'll remember you long after you've left the room. Bloch partnered with Secret to give teen girls a chance to sparkle on prom night. The "Sparkle All Night" Prom Sweepstakes will award one Grand prize winner an ultimate prom package including, a one-of-a-kind, custom-designed dress, hair and make-up styling, limousine and corsage (valued at \$6,500). Other prizes include Apple® iPods® and sparkling handbags perfect for the prom, or any night out on the town.

Deadline for entry is February 22. To enter, visit the Web site www.secretsparkle.com.