

Former PGA Champion Struggles With His “T”

(NAPSA)—Most famous for his “shot heard round the world,” professional golfer Shaun Micheel catapulted his career into full swing with his victory at the 2003 PGA Championship.

Yet, after his victory, Micheel, 37, began struggling with an unusual lack of energy, fatigue and depressed mood, which not only affected his golf game, but his overall well-being. He suffered for over a year before finding out that his symptoms were the result of a serious medical condition: hypogonadism, also known as low testosterone or just “low T.”

Micheel, known for coming through with what is arguably one of the greatest pressure shots in major championship history, found he wasn’t able to handle the game.

“More than ever before, I was very tired on the golf course during competitions, and it was hard to stay motivated,” explained Micheel. “I even had difficulty dealing with the stress of the game.”

Once considered energetic and lively both on and off the course, the pro golfer of 14 years began to struggle with these symptoms at home.

Shaun Micheel’s Health Tips for Men:

- Maintain a healthy lifestyle with diet and exercise
- Visit a doctor for regular checkups and screenings
- Don’t be embarrassed to talk about low T symptoms
- Ask your doctor about a simple blood test to check for low T



“My lack of energy made it hard to share everyday jobs with my wife, such as taking turns getting up with our baby son at night. I just wasn’t myself,” he said.

Not willing to allow these physical symptoms to control his golf game and affect his family life any longer, Micheel first looked to his wife for advice. She prompted him to see a doctor.

“I explained my symptoms to my doctor,” said Micheel. “He ordered a simple blood test, which showed that I had low testosterone levels.”

Low T is a condition affecting an estimated 13 million American men age 45 and older. Symptoms of low T may include low sex drive, erectile dysfunction, fa-

tigue, depressed mood, reduced muscle mass and decreased bone density. Men with chronic conditions, such as obesity, diabetes or hypertension, are more likely to have low T compared to other men. Fortunately, low T can be treated with testosterone therapy in the form of topical gels or patches, injections, and a tablet that adheres to the upper gum area of the mouth.

Doctors note that testosterone therapy must be used with careful medical supervision. Patients should talk with a doctor about the effects of treatment and carefully weigh its benefits and risks.

“Men who have symptoms shouldn’t be embarrassed, but should make an appointment to talk with their doctor and ask for a simple blood test,” advised Micheel.

After beginning testosterone therapy treatment, with a gel called AndroGel® (testosterone gel) 1% CIII, Micheel noticed a positive change in his energy level and mood.

“I’m feeling much better, and I’m able to put my all into playing golf,” Micheel added.

Men can learn more about low T by visiting www.mytestosterone.com.



Note to Editors: Androgens are contraindicated in men with carcinoma of the breast or known or suspected carcinoma of the prostate. Geriatric patients treated with androgens may be at an increased risk for the development of prostatic hyperplasia and prostatic carcinoma. The most frequent adverse events reported with the consistent use of AndroGel included abnormal lab test, acne, prostate disorder and application site reaction. Full prescribing information is available at www.androgel.com.