## YOUR HEALTH

## **Protecting Against Prostate And Heart Problems**

(NAPSA)—There's good news and bad news about the fight against prostate cancer. A leading expert on the disease describes the current state of affairs with two words: "encouraging" and "disgraceful."

"Prostate cancer deaths have dropped from nearly 40,000 a year to about 30,000 in 2003. That's encouraging," says Claude Gerard, president of the American Prostate Society. "But prostate cancer death can be prevented. When we don't prevent something that kills about 30,000 men every year, that's disgraceful."

Fortunately, men may have a new weapon to fight prostate cancer and an even deadlier killer, cardiovascular/heart conditions. Called Malegard, it's an all-natural supplement that contains vitamin E in an alpha, beta, delta and gamma complex, selenium, zinc, beta-sitosterol, lycopene and little-known but ultra-powerful OPC.

Dr. Ross Z. Pierpont recently published the results of a study of men who took Malegard daily for various lengths of time starting in 1999. All men were at risk of cancer and heart/brain attacks due to their ages—49½ to 85. The study found:

- No heart attacks;
- No cancer except two unrelated skin cancers:
- One man suffered a stroke from which he recovered; and
  - · No prostatitis.



Claude Gerard, president of the American Prostate Society.

By becoming a member of the American Prostate Society, you will receive the UPDATE newsletter, which offers regular articles on such topics as:

- Cutting risks of prostate cancer and what treatments to avoid;
- Urination problems caused by the prostate growth known as BPH;
- Men's most common problem, prostatitis; and
  - Real facts about impotence.

To join the Society and receive a free copy of UPDATE, call (410) 859-3735 or send an e-mail to: ameripros@mindspring.com.

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