

# HEALTH QUIZ

## How Much Do You Really Know About Alzheimer's?

(NAPSA)—If you or someone you know is caring for a family member suffering from Alzheimer's, here's some encouraging news. There is progress being made in treating the condition, as well as in the number and type of support systems that help both patients and caregivers. Yet there is still a lot that Americans don't know about the disease and how many in the U.S. have it. Here's a quick quiz that may help:

**Q.** The number of people 65 and older in the United States in 2004 was approximately 35 million. By 2050, the number is expected to be: a) 50 million b) 70 million c) 100 million d) No change.

**A.** (b) 70 million.

**Q.** There are now approximately how many cases of Alzheimer's disease in the United States? a) 1 million b) 3.3 million c) 5 million d) 6.7 million.

**A.** (c) 5 million.

**Q.** How many cases are predicted to exist in 2050, if current trends continue? a) 5.2 million b) 7.5 million c) 9.6 million d) 13.5 million.

**A.** (d) 13.5 million.

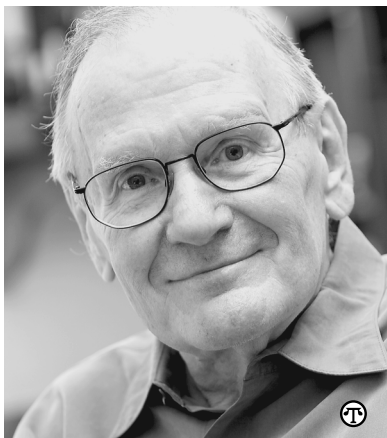
**Q.** Approximately what proportion of people 85 and older have Alzheimer's disease or some other type of dementia? a) 5 percent b) 10 percent c) 35 percent d) 50 percent.

**A.** (d) 50 percent.

**Q.** Which of the following are considered behavioral symptoms of Alzheimer's disease, rather than cognitive symptoms?

a) Wandering, agitation, depression, sleep disturbance, hallucinations.

b) Memory loss, inability to perform simple tasks, disorientation to place and time.



**Present treatment of Alzheimer's improves symptoms and functional status but does not slow or arrest brain tissue loss.**

c) Inability to recognize friends or family members, getting lost in familiar places, neglecting to bathe.

**A.** (a) Wandering, agitation, depression, sleep disturbance, hallucinations.

**Q.** True or False: Slightly more than half of Alzheimer's sufferers receive care at home.

**A.** True.

**Q.** True or False: The average survival of a patient with Alzheimer's disease is 12-14 years.

**A.** False. The average survival is eight to 10 years, but some patients live as long as 20 years.

The answers to this quiz were supplied by Interim HealthCare, a leader in the home health care industry. According to the company, creating an Alzheimer's- and dementia-friendly and safe environment is an important step in making it possible for people to remain at home much longer and further into the disease. To learn more, visit [www.interimhealthcare.com](http://www.interimhealthcare.com).