HEALTH NEWS

A New Tactic In The War Against Cholesterol

(NAPSA)—There's good news for those concerned about cholesterol and their health. They may have a new way to regulate their cholesterol level that doesn't involve prescription drugs.

Cholesterol is a naturally occurring substance in the human body. It is used to make many of our hormones, vitamin D and bile acids, which aid fat digestion and keep cell membranes intact. How much you have is based on a combination of genetics and lifestyle.

However, too much LDL cholesterol—often referred to as "bad cholesterol"—can slowly build and contribute to heart disease and clogged arteries. Some will try to manage their cholesterol with diet and exercise while others will turn to prescription medications.

Many people may be able to control their cholesterol through diet and nutritional supplements, alone.

A New Approach

One of the latest approaches to managing cholesterol involves taking a nutritional supplement. One such supplement, called Sytrinol, is described as a safe, effective cholesterol- and triglyceride-lowering nutrient that is designed to begin working in 30 days.

The supplement is made up of a blend of powerful antioxidants including polymethoxylated flavones (PMFs) and a range of palm (alpha, delta and gamma) tocotrienols.

According to a published clinical study, Sytrinol was able to significantly lower total cholesterol, LDL and triglycerides. The formula is also said to increase HDL levels. This is often referred to as the "good cholesterol" because of the way it transports LDL cholesterol away from the heart and back into the bloodstream.

Heart-Healthy Ingredients

One of the main active ingredients in Sytrinol is a group of compounds derived from the peels of citrus fruits. The two most common are tangeretin and nobiletin, which are described as extremely potent bioflavonoids.

Another ingredient is a group of palm tocotrienols, which are members of the vitamin E family and are extracted from the fruit of the palm tree. Like vitamin E, palm tocotrienols control anti-inflammatory responses and degrade a key enzyme used by the liver to produce cholesterol.

To learn more, visit the website at www.Sytrinol.net.