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# health alert

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## Common Symptoms May Signal Common Cancers

(NAPSA)—More than 90,000 Americans will be diagnosed with leukemia or lymphoma this year, and those who find out early have the best chance for a cure. Here's a look at the warning signs you should watch for:

### Leukemia:

- Fatigue
- Paleness
- Weight loss
- Repeated infections
- Bruising easily
- Nosebleeds or other kinds of hemorrhages

### Lymphoma:

- Enlarged lymph nodes
- Night sweats
- Anemia
- Weight loss
- Fever which may come and go for days or weeks.

According to Stephen J. Forman, M.D., Chair of the Division of Hematology/Bone Marrow Transplantation at City of Hope Cancer Center in Los Angeles, the sooner anyone with such symptoms sees a physician, the better. "The vast majority of people with these symptoms will be diagnosed with other, less serious, diseases," explains Dr. Forman. "But if cancer is diagnosed, the earlier we begin treatment, the greater the chance of recovery."

Although leukemia and lymphoma are expected to claim the lives of nearly 50,000 Americans this year alone, medical researchers are rapidly improving treatment options for people with these diseases. Bone marrow transplan-



**Knowing the warning signs in time to get an early diagnosis may be among your best weapons in the war on cancer.**

tation (BMT) is often the best treatment for leukemia and lymphoma. A pioneer and leader in the treatment of leukemia and lymphoma, City of Hope has had a BMT program for 25 years.

Often, cancer patients can use their own stem cells in the transplantation process. If a marrow donor is needed, one may be found within a patient's family or through a search of the National Marrow Donor Program (NMDP) registry.

To learn more about City of Hope's cancer treatment programs, call 800-826-HOPE or visit City of Hope's Web site at: [www.cityofhope.org](http://www.cityofhope.org). For information on how you can save a life by becoming a bone marrow donor for someone battling leukemia or another life-threatening disease, call the NMDP at: 800-MARROW2 or visit the NMDP Web site at: [www.marrows.org](http://www.marrows.org).