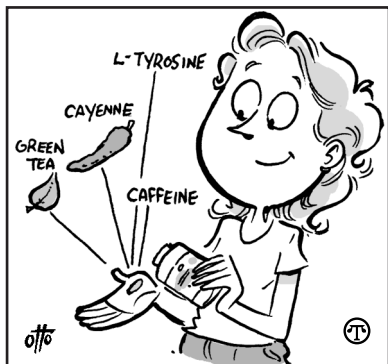


## Dieting Rebound And How To Break Through

(NAPSA)—The only thing harder than losing weight may be keeping it off. It's maddening, but weight-loss rebounds are ingrained in our evolutionary biology.

The good news is that there has finally been a breakthrough. A double-blind study recently showed that a proprietary blend of green tea, caffeine, cayenne and the amino acid L-Tyrosine can keep the body's metabolism humming for eight weeks after initial weight loss.



“The human body is built to survive environmental exposure and scarcity of food due to seasonal changes and nomadic moves from one place to another,” says Greg Grochoski, chief science officer for one of the nation’s most respected dietary supplement companies, ISI Brands, Inc.

“An initial weight loss signals the body to go into a conservation mode as if it were winter or enduring a food shortage. Fat is conserved to protect the internal organs until spring arrives—but today, we don’t need that protection mechanism.”

A new product called Break Through by MetaboLife® contains a unique, clinically tested, patent-pending formula on the market that addresses this rebound effect and is designed to support your diet and exercise to help you maintain your success.