

## Study Reveals Nutritional Supplementation Can Be A Factor In Addressing Lagging Libido

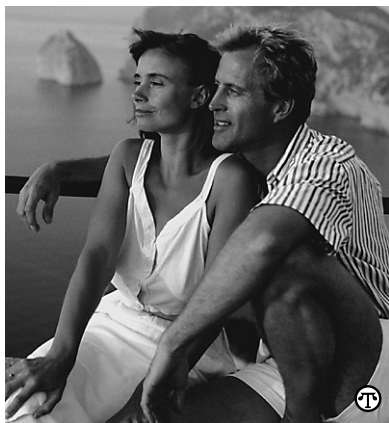
(NAPSA)—It's a common story in today's fast-paced lifestyle. A 38-year-old full-time working mom and wife loves her husband and her life. She just can't find enough time and energy to communicate that love the way she used to and seems to have lost her desire to have sex.

It has been reported that over 40 percent of women in the U.S. have expressed concern about their lack of desire and other issues that put a damper on their sex lives.

"What we're seeing more and more is that fast paced, stress-filled days and unprecedented demands on women are indeed taking their toll on relationships," explains Beverly Whipple, PhD, RN, Professor Emerita at Rutgers University, co-author of the national best-seller, *The G Spot And Other Recent Discoveries about Human Sexuality*.

Lack of energy, in many cases, may also be attributed to poor nutrition and a lack of vital nutrients that can be important in maintaining optimal physical health, sexual satisfaction and desire. Recently a study published in the *Journal of Sex and Marital Therapy* made the connection between nutritional supplementation and improved female sexual health.

The double blind, placebo-controlled study found that female participants taking the ArginMax®



dietary supplement reported improvement in their level of sexual desire, increased frequency of intercourse and improved satisfaction with their overall sex life, compared to the placebo group. (ArginMax® is a patent-pending formula that contains ginseng, ginkgo, damiana, L-arginine, and 14 vitamins and minerals.)

"I've been conducting research in the area of women's health, sexuality, and pleasure for over 30 years, and in my opinion, this study represents a major advancement by demonstrating that nutritional supplements may play a key role in the sexual health of women," commented Whipple.

For many women, that comes as great news, as does the nationwide availability of the supplement at leading food, drug and mass merchandise retailers and GNC stores.