
health hints

Solving Common Health Problems Naturally

(NAPSA)—Experts say that thousands of Americans are choosing natural or homeopathic products to solve the painful problem of intestinal gas.

Homeopathy is a practice in which a practitioner administers natural remedies to stimulate a patient's immune system to fight a specific ailment—the treatment method has become popular and widely accepted in the U.S.

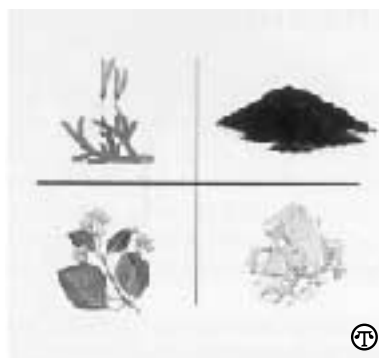
In fact, *The FDA Consumer* magazine reports a 1,000 percent increase in the use of natural remedies in just a 10-year period.

A homeopathic formula currently being used to treat intestinal gas is the latest remedy to become popular in the alternative medicine movement.

Among other things, intestinal gas can be caused by fatty or fibrous foods, lactose intolerance, swallowing air, food intolerance or certain bacteria. When gas does not pass out of the body easily, it can cause bloating and pain—an uncomfortable problem for many people.

The natural remedy, called CharcoCaps, combines four ingredients considered by many pharmacists to be effective at stimulating and supporting the body's defenses against intestinal gas.

These four ingredients, coated around a charcoal core, are: carbo vegetabilis (activated charcoal); lycopodium clavatum (wolf's claw); cinchona officinalis (cinchona bark); and sulphur.



A natural homeopathic formula may help many people relieve intestinal gas symptoms.

•**Lycopodium**—A pivotal remedy in homeopathy. Thought to relieve stomach pains, bloating, cramps, gas that can't pass, pain and flatulence.

•**Carbo Vegetabilis**—Derived from vegetable matter. Considered effective at treating sour stomach, and tension of the abdomen and flatulence.

•**Cinchona Officinalis**—Found to be helpful in treating stomach pressure and cramps—especially after meals—fullness in the abdomen and flatulence.

•**Sulphur**—An established and long-trusted remedy used to treat belching, acid and burning in the stomach, abdominal pains (chiefly at night) and bloating.

For more information about CharcoCaps®, call 1-800-321-1085 or write: Requa, Inc.; P.O. Box 2381; Bridgeport, CT 06608.